

THINK OVER VS OVERTHINK



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THINK OVER phrasal verb



Think something over : to consider an idea or plan carefully before making a decision:

- I'll think it over and give you an answer next week.
- I need some time to think over his proposal.
- I said she could come and live with us, and she said she'd think it over.
- I've thought over your offer, and I'd like to accept.
- After receiving two very different job offers, Emily decided to take the weekend to think over her options before making a final decision.

OVERTHINK verb



To think about something too much or for too long, often making it more complicated or stressful than necessary.

- Tone: Negative – implies excessive or counterproductive thinking.
- I overthink everything and worry too much.
 - She tends to overthink every detail and ends up feeling anxious.
 - Don't overthink your presentation — just be yourself and speak clearly.
 - He overthought his response so much that he missed the chance to reply at all.