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<ul> <li>there is no point (in) doing sth</li> <li>Some particular action will serve no purpose or will not yield any worthwhile results.</li> <li>There is no point in getting angry about something we can do very little about.</li> <li>There's no point in trying to sell a product if there's no demand for it!</li> </ul>	<ul> <li>It's no good doing something doing something is not useful or effective.</li> <li>It's no good trying to persuade her to come with us.</li> <li>It's no good spending lots of time with friends, companions and loved ones, if you are ignoring them.</li> <li>It's no good telling him – he won't listen.</li> </ul>
<ul> <li>It's no use doing something there is no use (in) doing sth used for saying that something is not likely to have a successful result</li> <li>It's no use asking me.I don't know.</li> <li>There is no use (in) arguing any more.</li> <li>SAYING - it's no use crying over spilled milk. It is a waste of time feeling upset about something bad that has happened and cannot be changed</li> <li>It's no use crying over spilled milk - he's spent all the money, and there's nothing you can do about it.</li> </ul>	<ul> <li>It's not worth (doing) something</li> <li>It's not worth it.</li> <li>used to say that you do not gain anything from an action</li> <li>It is not worth cleaning the car because it's going to rain anyway.</li> <li>I thought about trying to talk to him about it, but decided it wasn't worth it.</li> <li>It's not worth the hassle</li> <li>something is not worth doing because it involves a lot of problems</li> <li>I'm not going to argue with him – it's just not worth the hassle.</li> </ul>
<ul> <li>It's useless doing/to do sth <ul> <li>a particular action will not achieve nothing</li> <li>It's useless trying to talk to her because she never listens.</li> <li>It's useless worrying about it.</li> <li>It's useless to speculate without more information.</li> </ul> </li> </ul>	<ul> <li>It is pointless doing/to do sth <ul> <li>a particular action will not achieve nothing</li> <li>I knew it was pointless expecting him to change his mind.</li> <li>It's pointless just waiting here, he's obviously not coming.</li> <li>I think it would be pointless to discuss this issue again.</li> </ul> </li> </ul>

## It's a waste of time doing something

- It is a waste of time going to the doctor with most mild complaints.
- It's a waste of time trying to get her to change her mind.