

# BE UP DOWN



**C1 Advanced**  
learn how to do  
**Key Word**  
Transformation  
exercises

## BE UP FOR SOMETHING

**to want to do something:**

- I was thinking of going to the concert tonight. Are you up for it?
- If you're up for a challenge, we could try that difficult escape room.
- If you're up for it, we could go for a run in the morning.
- Are you up for going out tonight?

## BE DOWN FOR SOMETHING - informal

**to want to do something**

- Are you down for some pizza tonight?
- We're down for a road trip this weekend, as long as we can find a good destination.
- If you're down for it, we could catch a film later tonight.

## BE UP TO SOMEONE

**If an action or decision is up to someone, they are responsible for doing or making it:**

- I can't decide for you Sam, it's up to you.

**[ + to do sth ]**

- It's up to her to decide whether she wants to enter the competition.

## BE DOWN TO SOMEONE - UK informal

**to be someone's responsibility or decision:**

- I've done all I can now, the rest is down to you.

**[ + to do sth ]**

- It's down to you to check the door.
- It's down to the prime minister to find out what went wrong.

## BE UP TO SOMETHING

**to be doing something:**

- What are you up to at the moment?

**to be doing or planning something, often something secret and bad:**

- When he's quiet like this, I know he's up to something.

**well enough, strong enough, or good enough for a particular activity:**

- He wants to compete at international level, but honestly I don't think he's up to it.

**[ + to doing sth ]**

- I'm not up to going for a run today.

## BE DOWN TO SOMETHING

**to be the result of something**

- It's down to poor management that the company has lost several major clients in recent months.
- The low turnout at the event is down to a lack of effective promotion.

**to have only a little of something left**

- I'm down to my last dollar.
- We're down to the last two days of the competition, so be sure to enter for your chance to win!