

Are you looking for material
to prepare for your
Cambridge English Exam?



VERY + NOUN

used to emphasize that you are talking exactly about one particular thing or person - **synonym : actual**

- He died in this **very room**. / I'll start at the **very beginning**.
- Those were his **very words**. / I'd intended to tell him that **very day**.

used to emphasise that sb/sth is the best or most suitable

- He's the **very man** we want.
- You're the **very person** we need for the job.
- How did you know this was the **very thing** I wanted?

FORMAL – used for emphasizing a noun – **synonym : mere**
the very act, fact, idea, mention, notion, thought...

- The **very act** of speaking tired him out.
- The **very fact** that she agreed proves she likes you.
- The **very mention** of his name excited her.

used for emphasizing how important or serious something is

- The decision changed the **very nature** of our political system.
- Now, it seemed, his **very life** was in jeopardy.

used to emphasize an extreme place or time

- The hotel is located in the **very heart** of the city.
- We worked till the **very end** of the day.
- Education is at the **very top** of our list of priorities.

IDIOM – **before/in front of somebody's (very) eyes :**

while someone is watching ; in somebody's presence

- Life as we know it is changing right **before our very eyes**.
- Miley Cyrus grew up right **in front of our very eyes**.