

GET COLD vs COOL DOWN

GET / GO COLD : BECOME COLD (something has become too cold for our liking)



- ◆ Don't let your coffee **get cold**. **ENFRIARSE**
- ◆ Don't come too late or the soup will **get cold!**
- ◆ Put your gloves on or your hands will **get cold**.
- ◆ My coffee has **gone cold**, could you heat it up in the microwave for me?

COOL DOWN/OFF : TO BECOME COLD / COLDER (we want something to become colder)

ENFRIAR(SE) / REFRESCAR(SE)

- ◆ We had to wait until the engine had **cooled down** before restarting the car.
- ◆ Wait till it **cools down** a bit.
- ◆ Put the champagne bottle in the fridge to **cool down**.
- ◆ He waited until his coffee had **cooled down** before taking a sip.
- ◆ We sat in the shade to **cool down**.
- ◆ As soon as the pie **cools down**, we can eat it.
- ◆ He turned on the fan to **cool the room down**.
- ◆ We dived into the river to **cool off**



To gradually relax after a period of physical exertion: **ENFRIAR(SE)**



- ◆ We walked around the track to **cool down** after our two-mile run.
- ◆ When lifting weights , make sure you don't rest for too long between sets. You'll **cool down** too much if you rest longer than 5 minutes. No-one wants to increase their chances of injury.

To become less angry or contentious / to cause someone to become less angry or contentious :

- ◆ Let's discuss this after you **cool down** a bit. **CALMAR(SE)**
- ◆ The principal **cooled** the angry students **down**.
- ◆ Just try to **cool down and** think rationally.
- ◆ I'm sorry I got angry. I'll **cool off** in a minute.
- ◆ **Cool off**, Tom. There is no sense getting so excited.
- ◆ Leave her to **cool off** and then talk to her.



(Weather) to become colder : **REFRESCAR**

- ◆ It starts to **cool down** around this time of day.