

FOR meaning because

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to prepare for your
Cambridge English Exam?



because of or as a result of something:

- He was sick **for** lack of food.
- I couldn't see **for** the tears in my eyes.
- We could hardly see **for** the mist.
- She couldn't talk **for** coughing.

better, happier, etc. for something = better, happier, etc. following something

+ noun

- You'll feel **better for** a good night's sleep.
- This room would look **more cheerful for** a spot of paint.
- You'll feel **better for** a break.
- I'm feeling all the **better for** my holiday.

+ verb (-ing)

- "How are you?" "Fine, and all the **better for** seeing you!"
- We're all much **better people for** having known him.

*We sometimes use for as a conjunction meaning 'because'.
Although it is not used much nowadays, we can find it in very
formal and literary contexts.*

- We listened eagerly, **for** he brought news of our families.
- I believed her—**for** surely she would not lie to me.