

SOMETIMES but not often



(every) now and then

sometimes, but not regularly or often

- Now and then I receive letters from my former students.
- We still get together for lunch every now and then.

(every) now and again

sometimes, but not regularly or often

- She comes to London every now and again.
- Every now and again an event occurs that changes public attitudes.

(every) once in a while

sometimes, but not very often

- I still see Ken once in a while.
- Make sure you take a break every once in a while.

every so often

sometimes, but not frequently

- She still phones me every so often.
- Every so often I treat myself to a meal in an expensive restaurant.

from time to time

sometimes, but not often

- I still think of him from time to time.
- Her daughters visited him from time to time when he was ill.

occasionally

sometimes but not often:

- Occasionally I'll have a piece of chocolate, but it's very rare.
- I see him occasionally in town.

on occasion

sometimes but not often

- He has, on occasion, made a small mistake.
- He has been known on occasion to lose his temper.

on the odd occasion

Sometimes, but not often and not regularly

- Lack of sleep doesn't matter on the odd occasion.
- I used to smoke regularly and now only smoke a cigar on the odd occasion.

once in a blue moon - very rarely

- My sister lives in Alaska, so I only see her once in a blue moon.