



Sometimes, but not often

From time to time

sometimes, but not often

- I still think of him from time to time.

Every so often

sometimes, but not frequently

- She still phones me every so often.

(every) now and then /again

sometimes, but not regularly or often

- Now and then I receive letters from my former students.
- She comes to London every now and again

(every) once in a while

sometimes, but not very often

- I still see Ken once in a while.
- Make sure you take a break every once in a while.

On occasion

sometimes but not often

- He has, on occasion, made a small mistake.

On the odd occasion

Sometimes , but not often and not regularly

- Lack of sleep doesn't matter on the odd occasion.

Occasionally

sometimes but not often:

- Occasionally I'll have a piece of chocolate, but it's very rare.

Once in a blue moon - very rarely

- They come to visit once in a blue moon.