

# CAE PHRASES

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## LAY Phrases

### Lay claim to something (formal)

atribuirse algo / ein Anspruch auf etwas erheben

If you lay claim to something, you say that it belongs to you or that you deserve it.

- Mobile operator Three UK has **laid claim to** the title of the UK's fastest growing network, adding one million customers in the last year.
- The city can **lay claim to** having the oldest Church in Britain.

### Lay it on (a bit) thick (informal)

Exagerar/ pasarse un poco / übertreiben / zu dick auftragen

To exaggerate something in order to try to impress or to praise someone too much.

- I think he **laid it on a bit thick** with all the compliments.
- Make sure he is flattered, but don't **lay it on too thick**.

### Lay down the law (informal)

sentar las reglas / ein Machtwort sprechen

to forcefully tell somebody what to do in a way that shows that you expect them to obey you completely

- Who do you think you are? — You can't just come into my office and start **laying down the law**.
- With these kids, you have to **lay down the law** and establish your authority.

### Lay down your life for something (formal)

dar la vida por algo / das Leben für etwas opfern.

to die for something you believe in strongly:

- Today, we are here to remember those who **laid down their lives for** our country.
- He was willing to **lay down his life** for his beliefs.