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to aim sth at a particular goal or person, or in a particular direction: direct sth at sb/sth

- The book is directed at younger readers.
- The machine directs a powerful beam at the affected part of the body.

direct sth at/towards/ against (anger, criticism, remarks, etc.)

- Was that remark directed at me?
- Criticism directed towards the government's inaction.
- Most of his anger was directed against himself.

direct sth to/towards sb/sth

- All our efforts should be directed to/towards helping those who need it.
- When it comes to watering your plants, it's always better to direct the water to the plants' roots.

target	oin verb
 to direct advertising, criticism, or something at someone: Advertisers use a variety of methods to target children. be targeted at sb/ sth This motor insurance product is targeted at female drivers. Distraction burglary is mainly targeted at the elderly. be targeted at doing sth The programme is targeted at improving the health of women of all ages. Target sth to sb/sth They plan to target the tax cut to the middle classes. to aim an attack, or a bullet, bomb, etc., at a particular object, place, or person: The terrorists were targeting government buildings. 	 to point a gun or an object you are throwing at sth/sb that you want to hit. aim at He was aiming at the tree but he missed. to produce sth for a particular purpose or a particular group of people: aim at doing sth The new budget aims at providing extra support for the unemployed. be aimed at sb/sth The plan is aimed at reducing traffic in the city centre. to intend/ hope to achieve sth aim to do sth
bomb, etc., at a particular object, place, or person: ● The terrorists were targeting	 I aim to arrive at three o'clock. aim for sth: We're aiming for a 10% increase